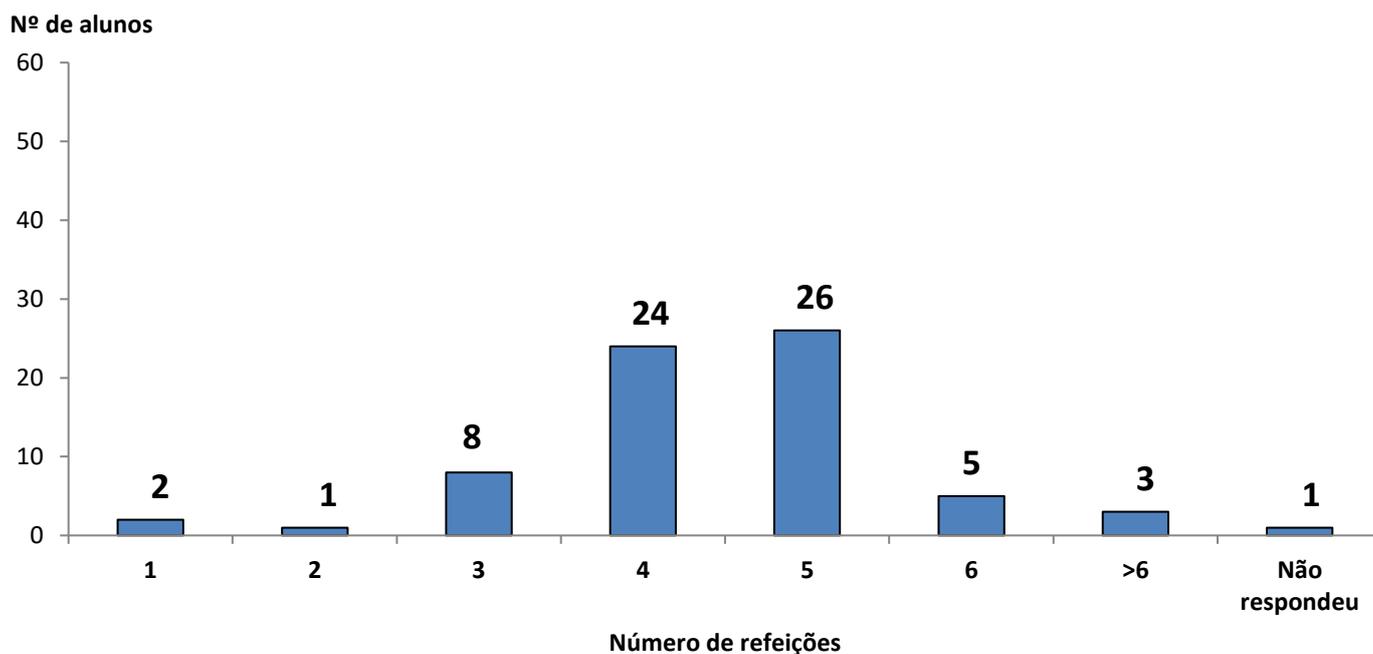
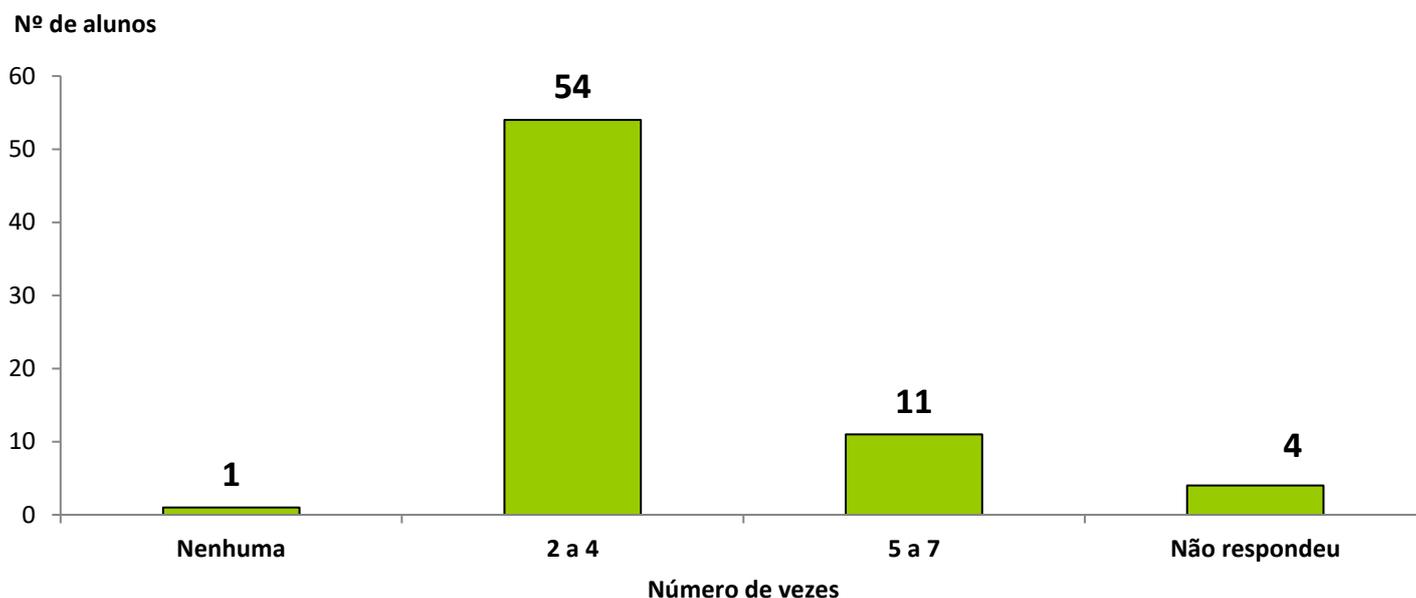


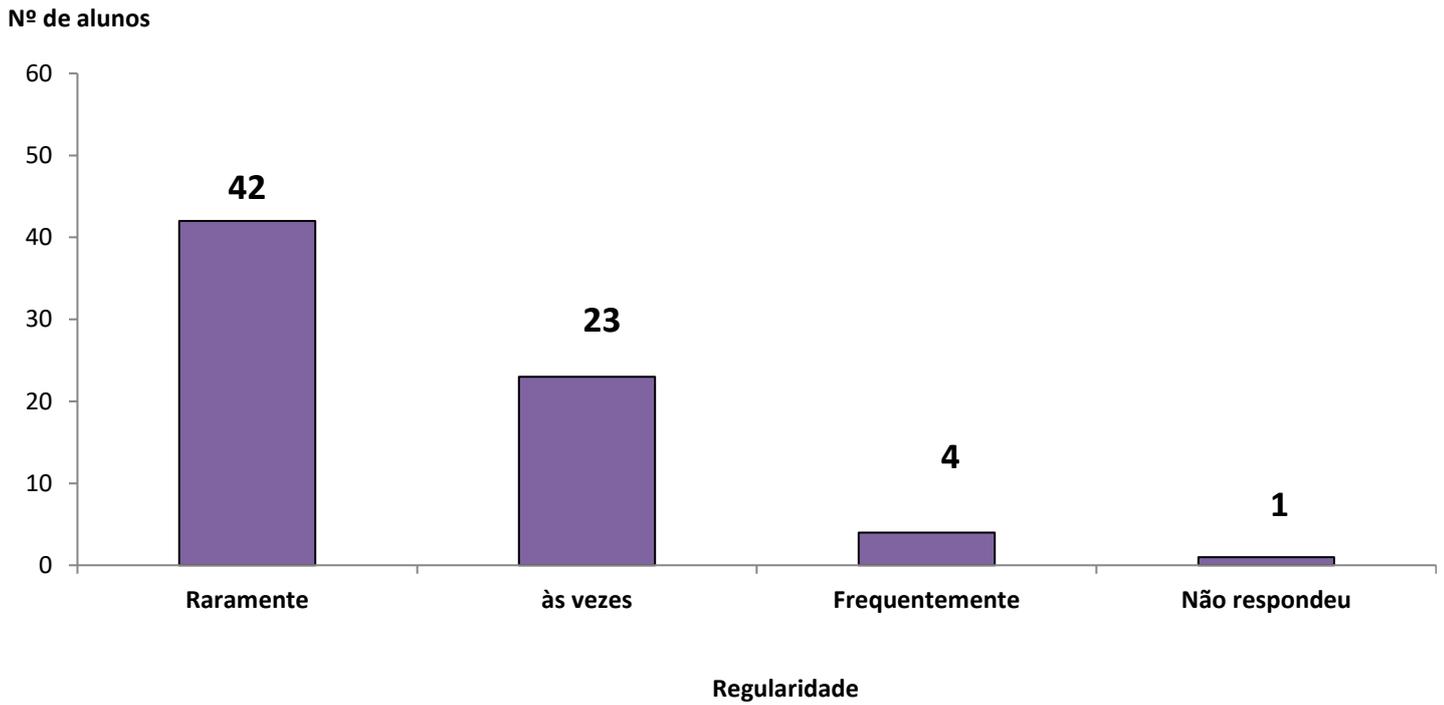
QUANTAS REFEIÇÕES FAZES DIARIAMENTE?



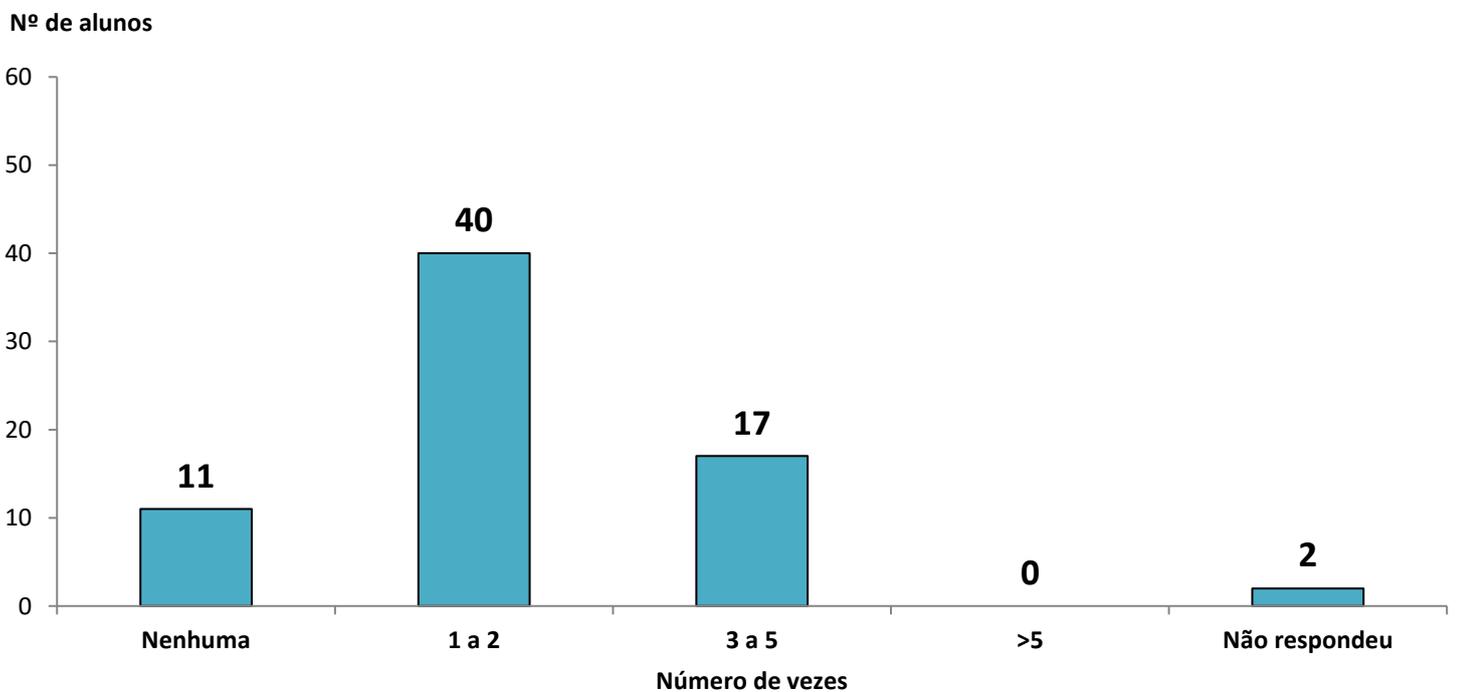
QUANTAS VEZES COMES CARNE POR SEMANA?



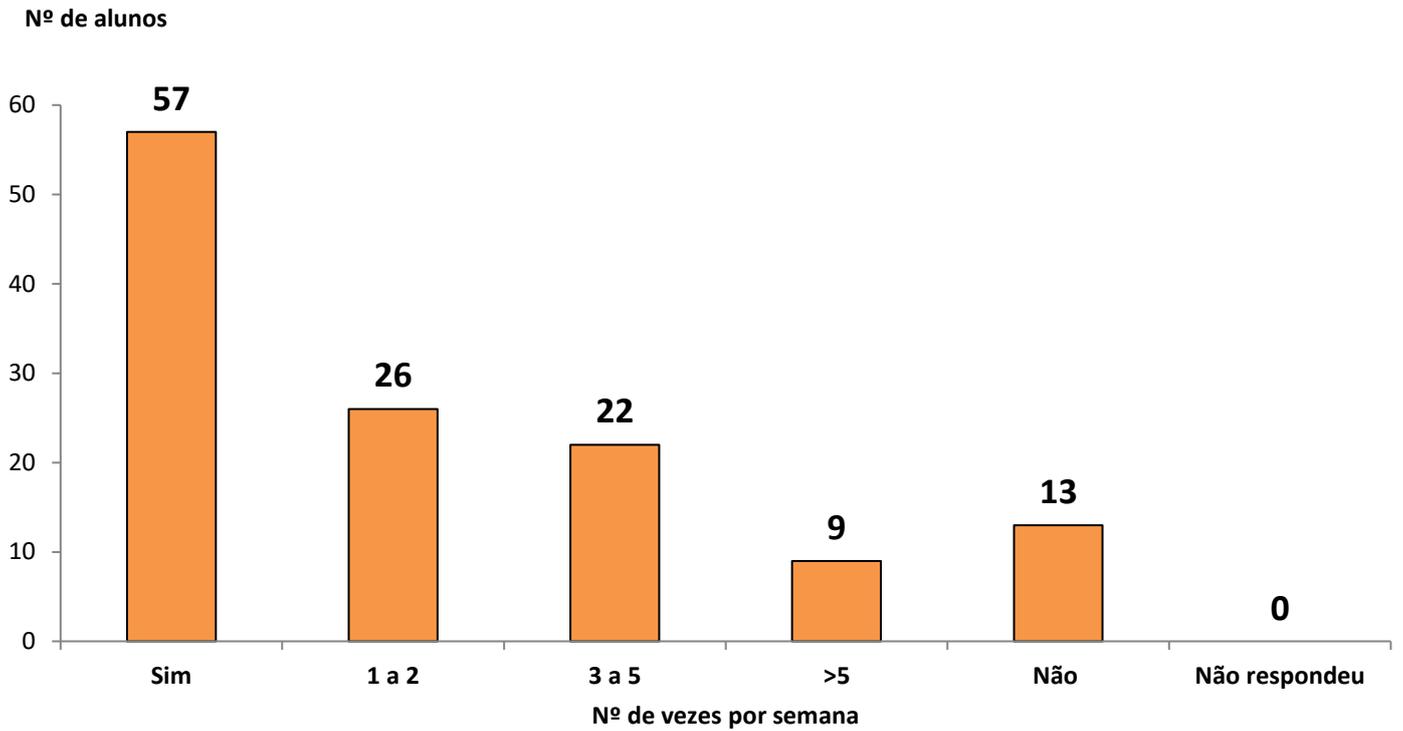
COM QUE REGULARIDADE COMES FAST FOOD?



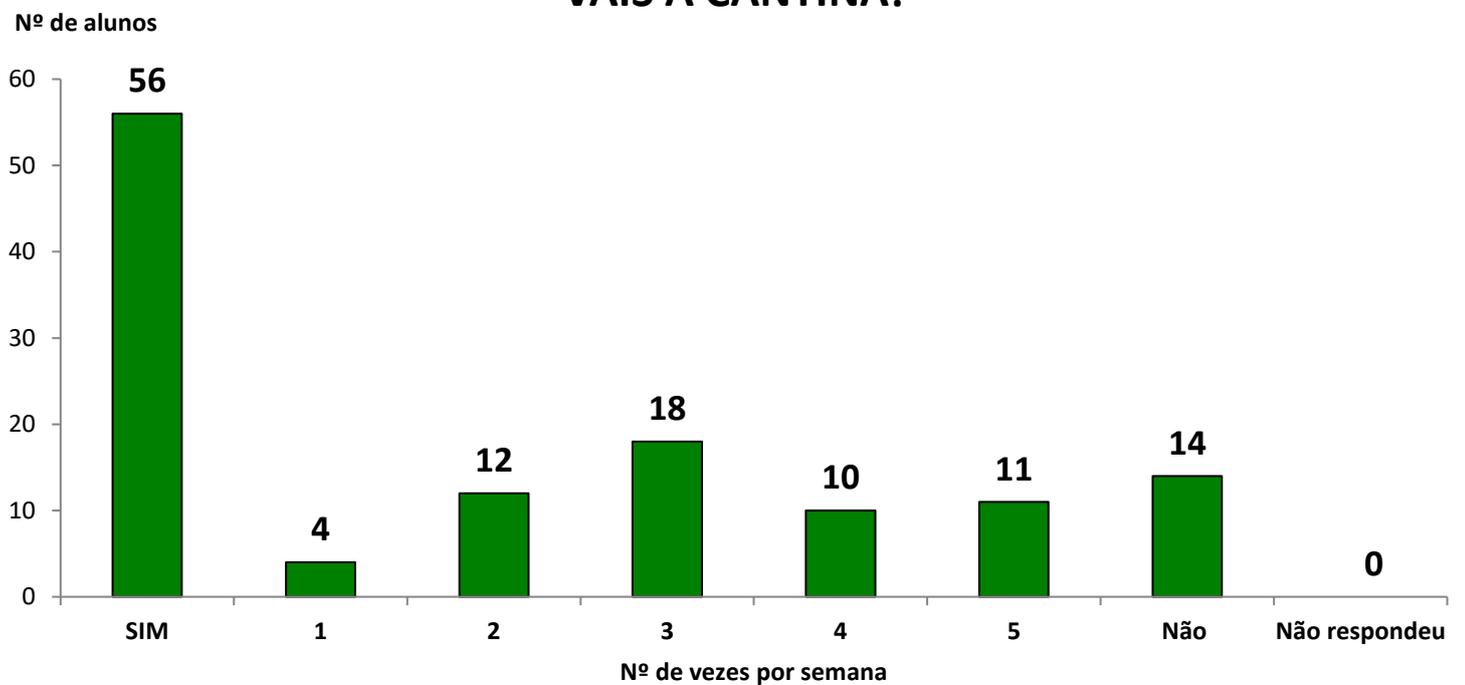
QUANTOS DOCES/CHOCOLATES COMES POR SEMANA?



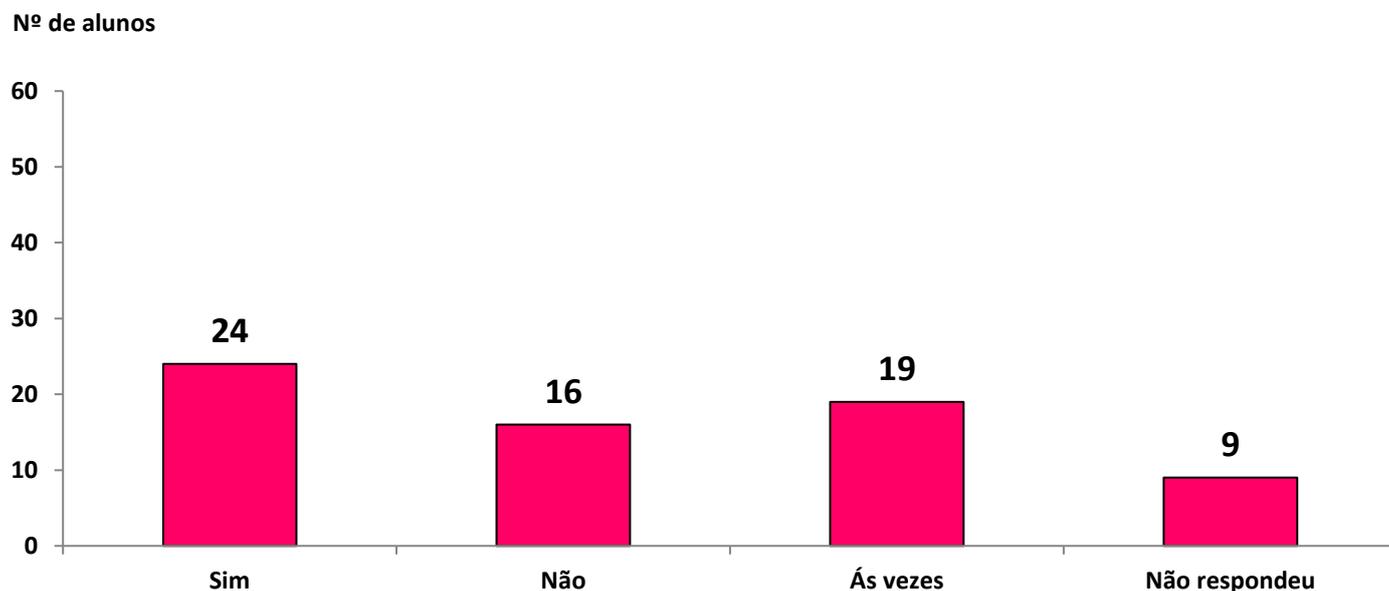
PRATICAS DESPORTO?



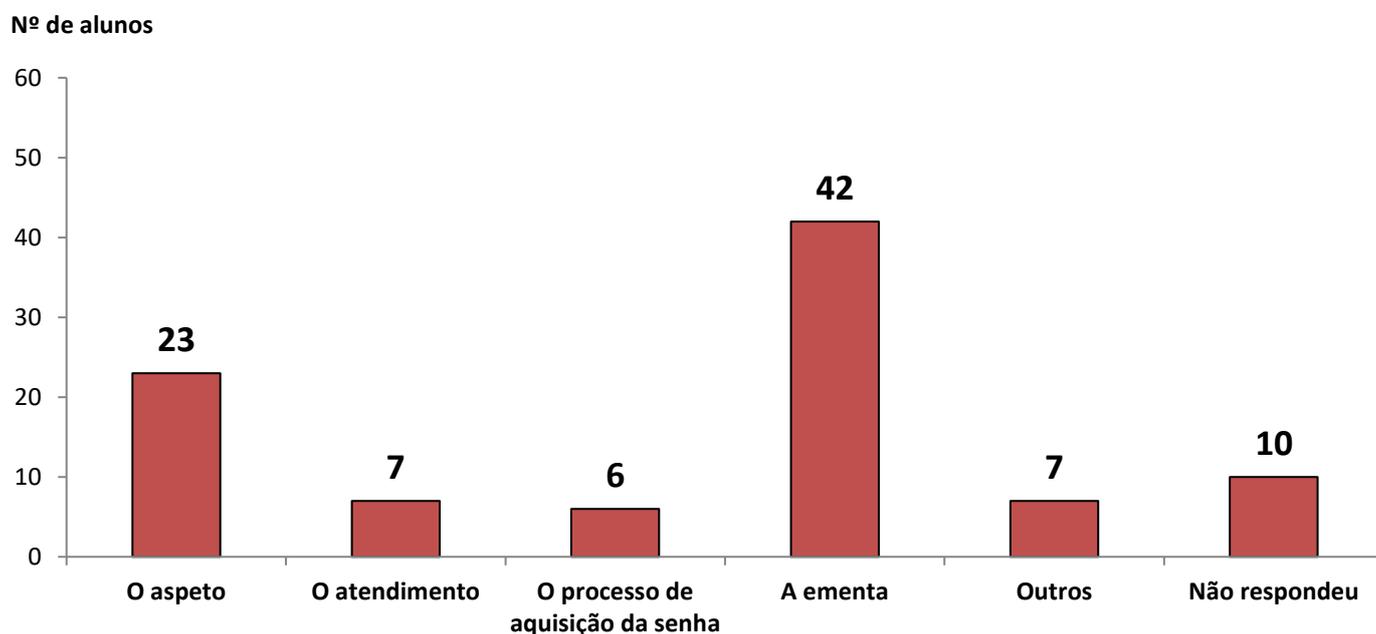
VAIS À CANTINA?



A TUA IDA À CANTINA ESTÁ RELACIONADA COM A REFEIÇÃO DO DIA?



O QUE MUDARIAS NA CANTINA?



A COORDENADORA DO PESES 2016-2017

Maria das Mercês Silva e Sousa de Matos