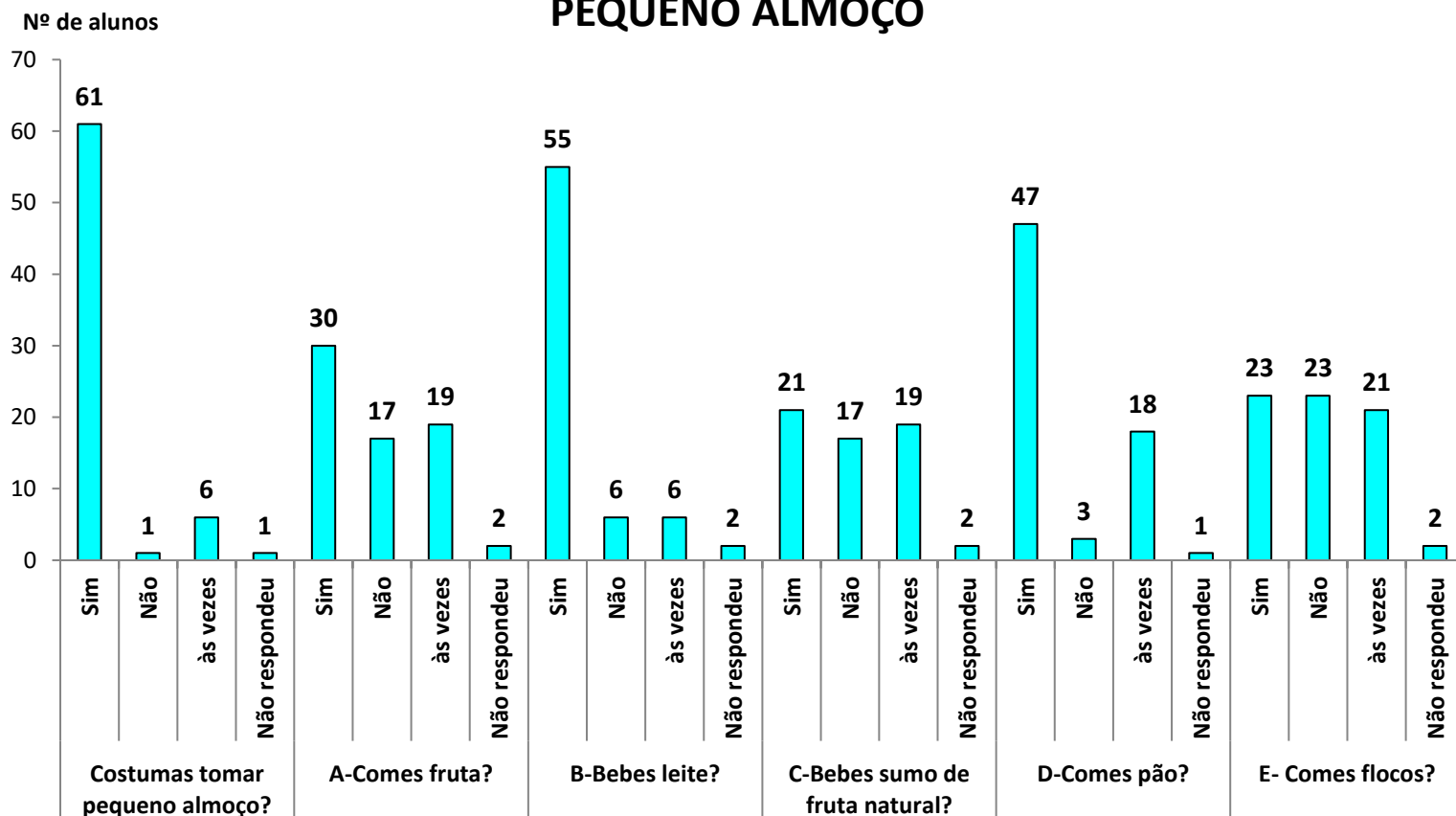
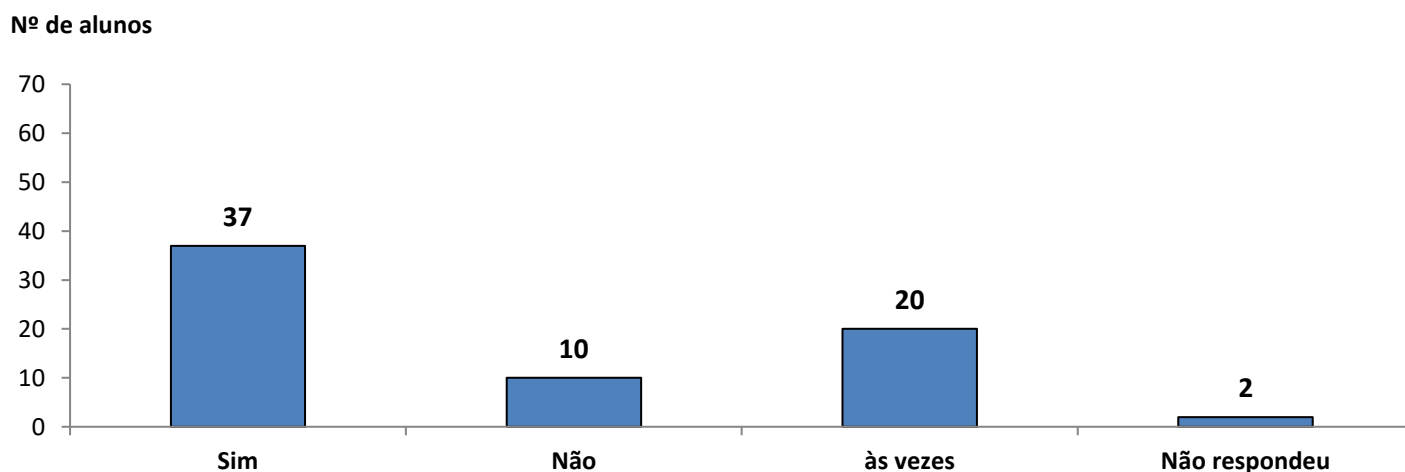


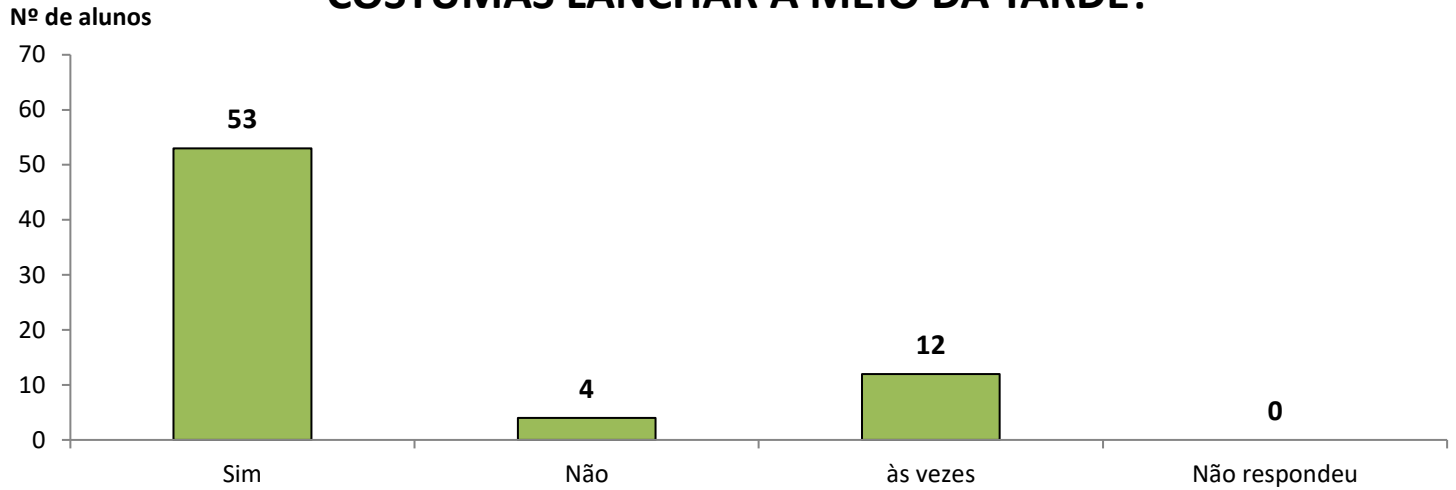
PEQUENO ALMOÇO



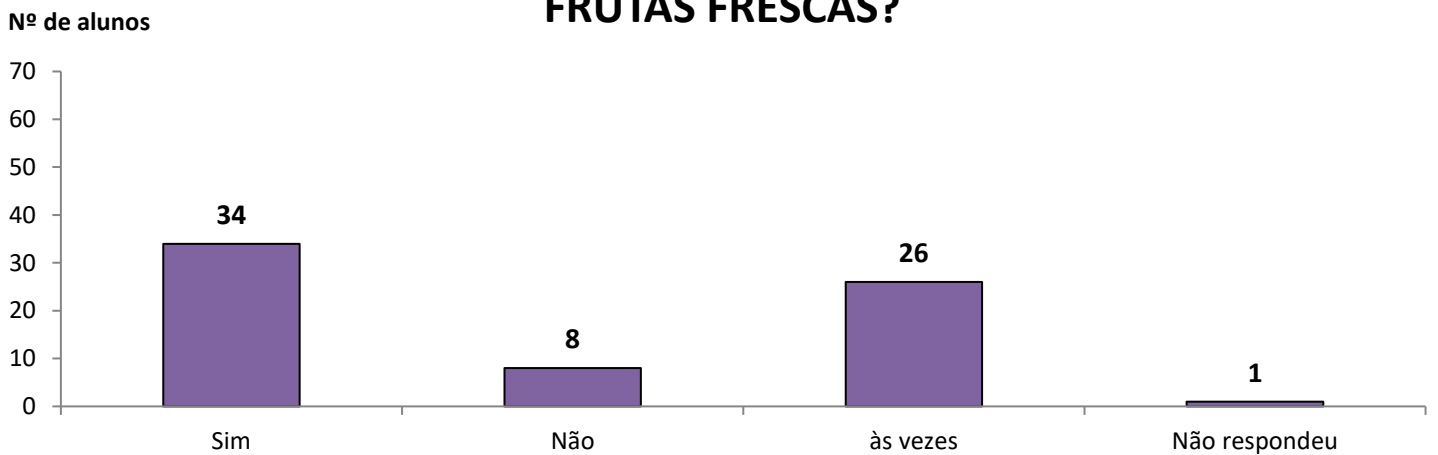
COMES PÃO COM QUEIJO, OU FIAMBRE, OU MANTEIGA, OU UM COPO DE LEITE A MEIO DA MANHÃ?



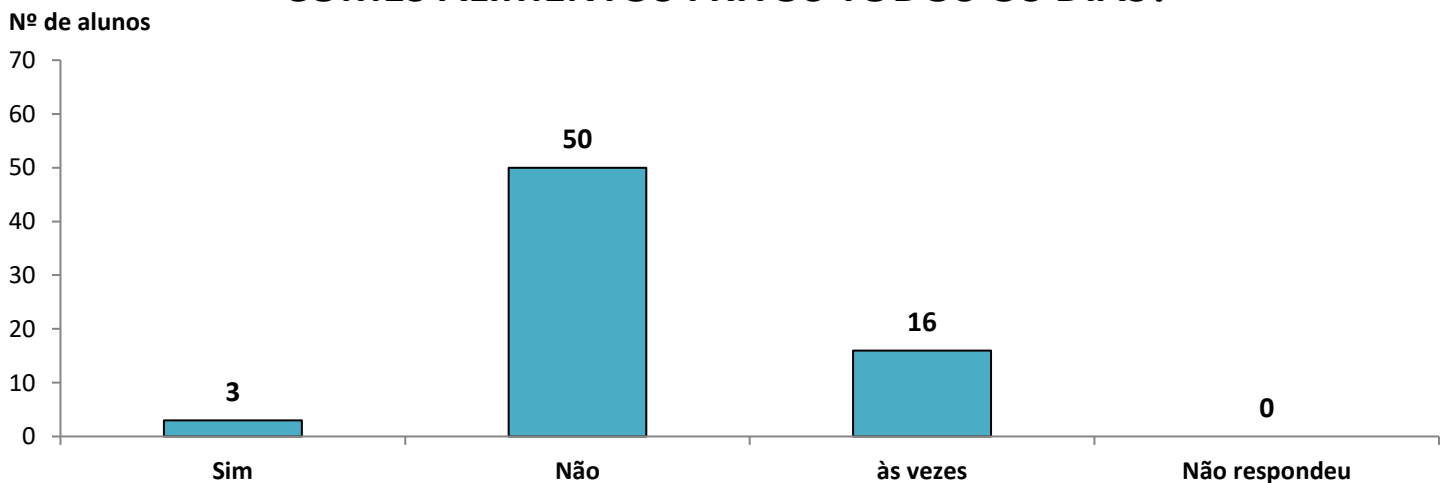
COSTUMAS LANCHAR A MEIO DA TARDE?



COMES TODOS OS DIAS HORTALIÇAS, LEGUMES E FRUTAS FRESCAS?



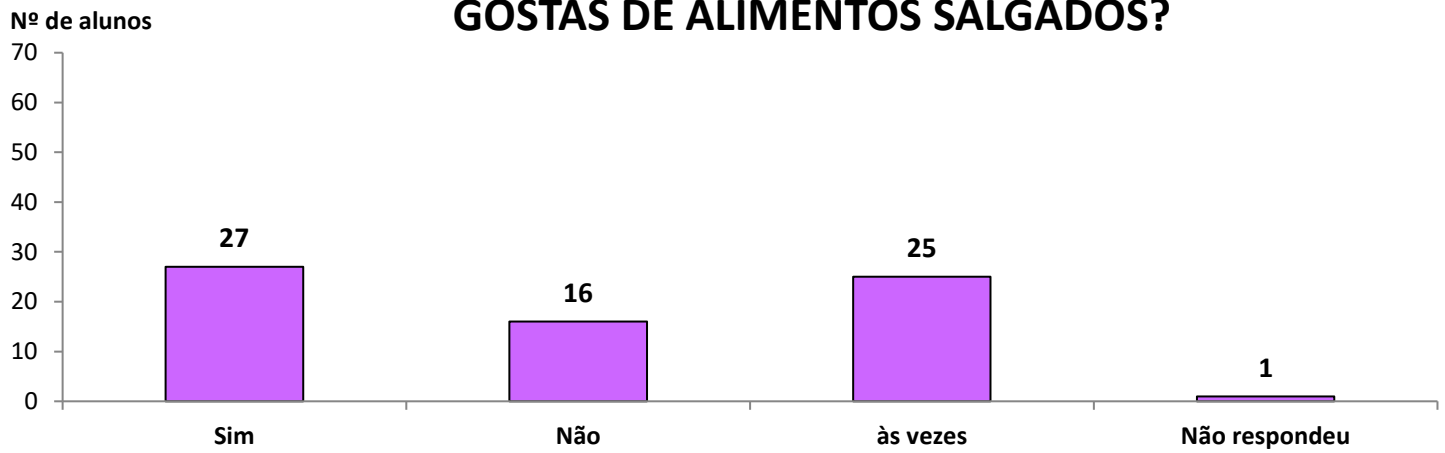
COMES ALIMENTOS FRITOS TODOS OS DIAS?



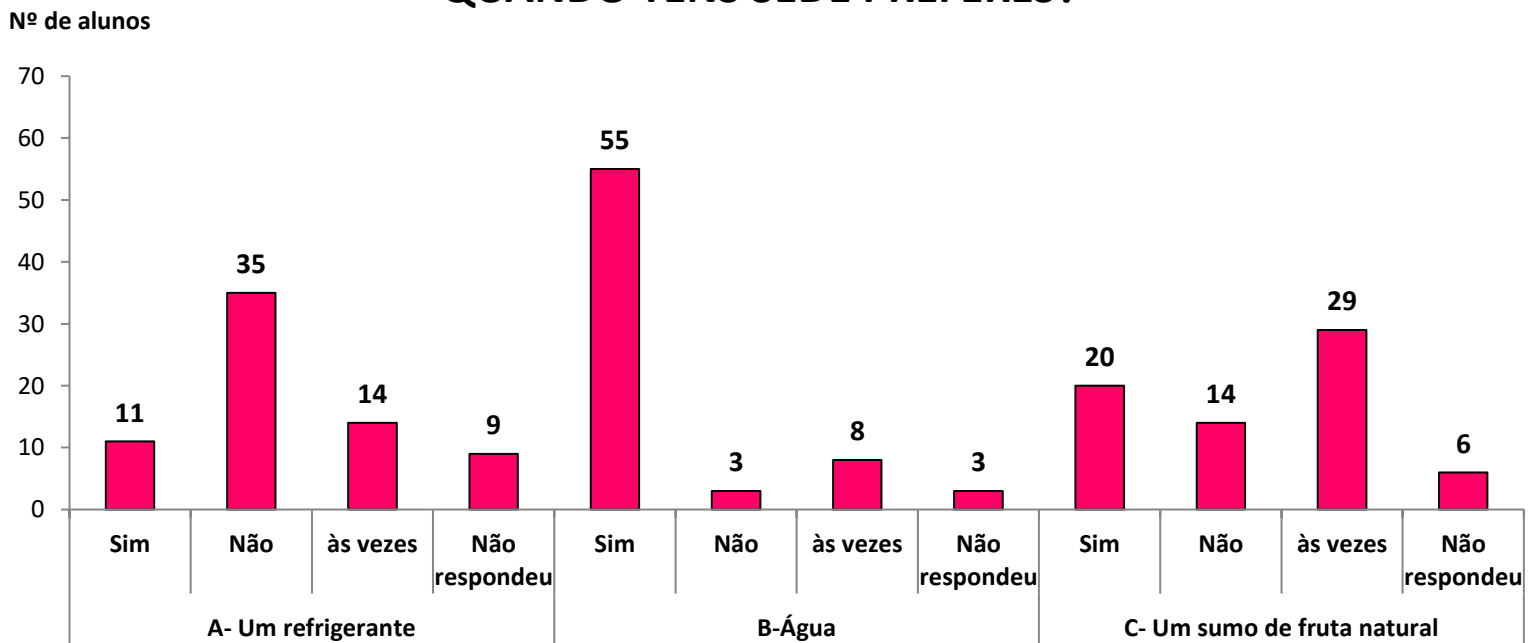
COSTUMAS USAR AZEITE?



GOSTAS DE ALIMENTOS SALGADOS?

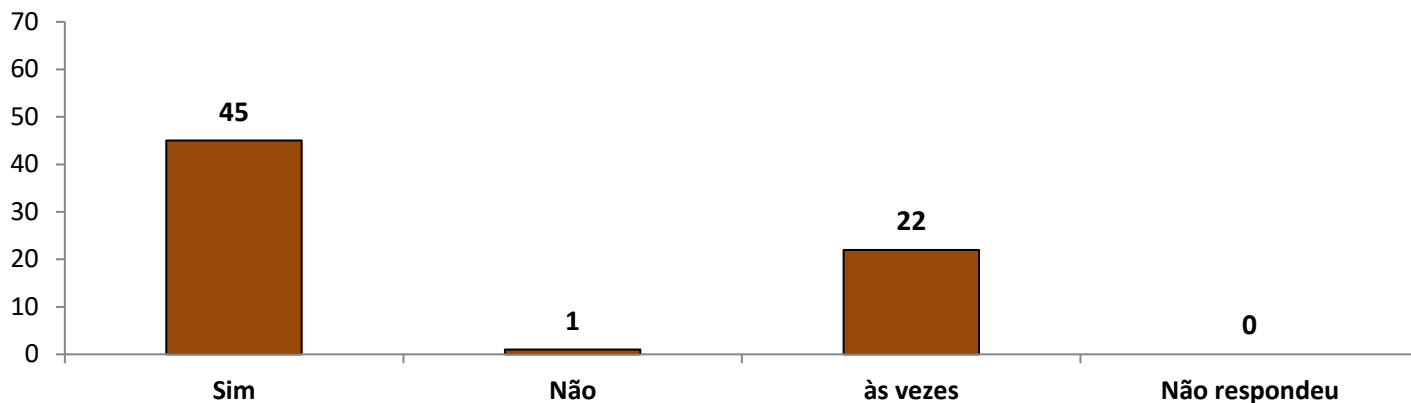


QUANDO TENS SEDE PREFERES?



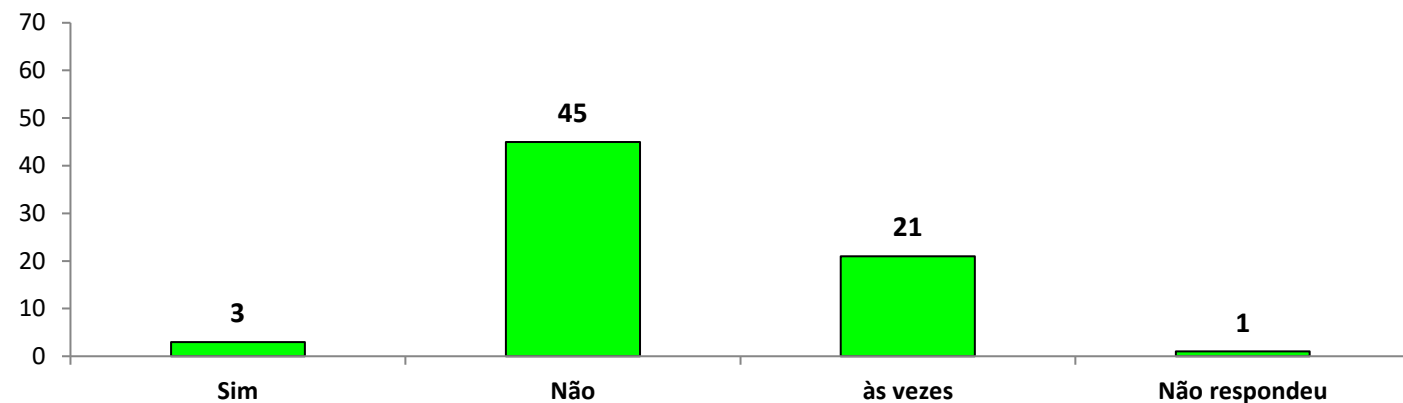
HABITUALMENTE COMES COM CALMA E MASTIGAS CUIDADOSAMENTE?

Nº de alunos



NOS INTERVALOS COSTUMAS COMER UM BOLO OU OUTRO ALIMENTO SEMELHANTE?

Nº de alunos



COORDENADORA DO PESES 2016-2017

Maria das Mercês Silva e Sousa de Matos